**Resources**

***Responding to Change and Loss***

**National Alliance for Grieving Children**

[**https://indd.adobe.com/view/924b5436-fca0-4a15-901a-9233134766e4**](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Findd.adobe.com%2Fview%2F924b5436-fca0-4a15-901a-9233134766e4&data=02%7C01%7Cmbontempo%40northallegheny.org%7C20c97b12eec3450751c908d7ca7a7d29%7C030d132b2d0c4ceb9a5f21a90cb294af%7C0%7C0%7C637200500703031585&sdata=DqWPU2xPgdFxbE0Tl57OLuJtmCO8OP5WAxy%2FRFDgDI4%3D&reserved=0)

***Coping With Stress During Infectious Disease Outbreaks* Substance Abuse and Mental Health Services Association**

[**https://store.samhsa.gov/system/files/sma14-4885.pdf**](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fstore.samhsa.gov%2Fsystem%2Ffiles%2Fsma14-4885.pdf&data=02%7C01%7Cmbontempo%40northallegheny.org%7C20c97b12eec3450751c908d7ca7a7d29%7C030d132b2d0c4ceb9a5f21a90cb294af%7C0%7C0%7C637200500703036576&sdata=pIO%2FjY0WIxSVAeEema0gm64ODem6CPWW%2BFUPQ2%2BxHKw%3D&reserved=0)

***Keeping Your Distance to Stay Safe* (The emotional impact of Social Distancing & how to cope) American Psychological Association** [**https://www.apa.org/practice/programs/dmhi/research-information/social-distancing**](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.apa.org%2Fpractice%2Fprograms%2Fdmhi%2Fresearch-information%2Fsocial-distancing&data=02%7C01%7Cmbontempo%40northallegheny.org%7C20c97b12eec3450751c908d7ca7a7d29%7C030d132b2d0c4ceb9a5f21a90cb294af%7C0%7C0%7C637200500703041566&sdata=Ot54m2G%2B8vo71vDWnldwvpE2%2FDmRNicOOl3TH8nPMhA%3D&reserved=0)

***Talking to Children About COVID-19:  A Parent Resource* National Association of School Psychologists**

[**https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource?fbclid=IwAR1GQl4pxVlvpupqRNEYaZOc0kZXSBRM05kDAB5c4hoUcZWfPcbCthTE3Kw**](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.nasponline.org%2Fresources-and-publications%2Fresources-and-podcasts%2Fschool-climate-safety-and-crisis%2Fhealth-crisis-resources%2Ftalking-to-children-about-covid-19-(coronavirus)-a-parent-resource%3Ffbclid%3DIwAR1GQl4pxVlvpupqRNEYaZOc0kZXSBRM05kDAB5c4hoUcZWfPcbCthTE3Kw&data=02%7C01%7Cmbontempo%40northallegheny.org%7C20c97b12eec3450751c908d7ca7a7d29%7C030d132b2d0c4ceb9a5f21a90cb294af%7C0%7C0%7C637200500703046561&sdata=bKngyzr678OfPKandzF9SYCOrHPYC2S9NpaHWJb8R10%3D&reserved=0)

***Creative Activities to Do With Kids At Home* Art With Heart** [**https://mailchi.mp/artwithheart.org/creative-activities-to-do-with-kids-at-home?fbclid=IwAR2sjjq-zGVGGhdB0zeZHBvefzDkF730pqMJOi8Nys5oJvNxbE\_SZUXvUAk**](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmailchi.mp%2Fartwithheart.org%2Fcreative-activities-to-do-with-kids-at-home%3Ffbclid%3DIwAR2sjjq-zGVGGhdB0zeZHBvefzDkF730pqMJOi8Nys5oJvNxbE_SZUXvUAk&data=02%7C01%7Cmbontempo%40northallegheny.org%7C20c97b12eec3450751c908d7ca7a7d29%7C030d132b2d0c4ceb9a5f21a90cb294af%7C0%7C0%7C637200500703051547&sdata=RtjqdTQHFvtSiYSIGouhOb0aUNzH2zyKQKSSikZtP9I%3D&reserved=0)